

Newsletter



Homestead Medical Centre AUTUMN October 2021

Welcome to Homestead's Autumn Newsletter.

Flu clinics - flu campaign

We now have flu vaccines available for the over 65s, Carers and those with chronic health conditions. Also available - childhood nasal vaccines. Please ask at reception to see if you are eligible and book an appointment.

Covid Boosters

Covid Boosters are currently available to vulnerable people, but it must be 6 months after your second vaccine.

As you know, things change quickly and this could all have changed when you are reading this. Up to date information is always available <https://www.gov.uk> and <https://www.nhs.uk/> or by telephoning 119.

Currently eligible as of 11th October 2021:-

- people aged 50 and over
- people who live and work in care homes
- frontline health and social care workers
- people aged 16 and over
- At risk 12-15 year olds (or someone in household who is at risk)
- All other 12-15 year olds will be done at school.
- People who are pregnant and in 1 of the eligible groups can also get a booster dose.



It will soon be that time of year again.

We will be open as normal on the 24th December. As Christmas Day falls on a weekend, we are closed on the 27th, 28th December and the 3rd January 2020.

All other days will be the normal 8am to 6.30pm.

Please remember to order your prescriptions early over the holiday period.

NHS App:-



The NHS App

Simple and secure access to a range of healthcare services

Update - patient can now register for this service via their own computer. The app allows you to book appointments, order prescriptions, access medical records as well as a range of other healthcare services. You can also see your Covid vaccine status.



Since our last newsletter, we welcome Dr Wuraola Aburo, GP registrar, Dr Emily Bix our Foundation Year doctor, Sarah Richardson, Trainee Nurse

Newsletter

Assistant, Julie, Receptionist and Aysha – Office Junior.

We say a short farewell to Jenny who leaves to go on Maternity Leave in November.

We also have help from our Pharmacy Technicians who can perform medication reviews and alter medication to support best treatment.

ONLINE ACCESS

Please remember that you can view your online medical records FREE and at ANY TIME.

Please ask for a form at reception or email: wakccg.homesteadmc@nhs.net and we can email you the registration form. We just need some form of photo ID to authorise this.

You can also book, cancel appointments, order medication and change your address/telephone details.

The form is also on our website: homesteadmedicalcentre.co.uk



Telephone Numbers:-

Appointments and Visits – option 1

Speak to a doctor – option 1

Prescriptions – option 2

Referrals and Letters – option 3

General Enquiries – option 4

Email: wakccg.homesteadmc@nhs.net

Please note: Reception staff and the secretaries are not trained in issuing or handling prescription queries and will not be able to help with this.

Please update your telephone numbers, email address and postal address when changes are made.

Date: October 2021



Please remember to wear a face covering whilst in our building or in any NHS Building. It may be full of poorly people!



NHS

To protect you from coronavirus, your GP practice will try to help you remotely and then see you face-to-face if needed.



We know the media has said we are not seeing patients face to face. We haven't been closed, we haven't been on holiday, we are seeing and speaking to more patients than ever before. We have found out that a lot of things can be discussed by telephone or video, so a ten-minute appointment slot can be allocated to more than one patient – that's double, triple (or more) appointments we can offer. Admin staff cannot and should not decide this, that's why you need to speak to the doctor first before they invite you to come to the Surgery.

TIPS for speaking to the doctor.

Please don't 'put it off' or 'leave it until later' if you feel poorly. Some of us struggle to talk about how we feel or can't remember every symptom all at once. Write it down. Double check at the end that the doctor has understood and that you know what is happening next. If you have more than one problem, make more than one appointment. It can be difficult to unpick a long list of problems in a short time and your main problem might be missed.